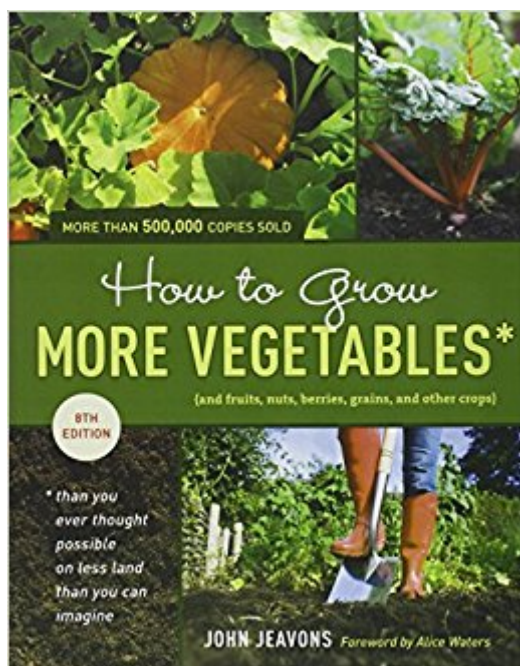


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# How To Grow More Vegetables, Eighth Edition: (and Fruits, Nuts, Berries, Grains, And Other Crops) Than You Ever Thought Possible On Less Land Than You ... (And Fruits, Nuts, Berries, Grains,)



## Synopsis

Decades before the terms “eco-friendly” and “sustainable growing” entered the vernacular, *How to Grow More Vegetables* demonstrated that small-scale, high-yield, all-organic gardening methods could yield bountiful crops over multiple growing cycles using minimal resources in a suburban environment. The concept that John Jeavons and the team at Ecology Action launched more than 40 years ago has been embraced by the mainstream and continues to gather momentum. Today, *How to Grow More Vegetables*, now in its fully revised and updated 8th edition, is the go-to reference for food growers at every level: from home gardeners dedicated to nurturing their backyard edibles in maximum harmony with nature’s cycles, to small-scale commercial producers interested in optimizing soil fertility and increasing plant productivity. Whether you hope to harvest your first tomatoes next summer or are planning to grow enough to feed your whole family in years to come, *How to Grow More Vegetables* is your indispensable sustainable garden guide.

## Book Information

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## Customer Reviews

“John’s methods are nothing short of miraculous.” —Alice Waters, author, Slow Food crusader, and founder of Chez Panisse restaurant  
“Possibly the most detailed explanation of the Biointensive gardening method available.” —New York Times  
“There are two kinds of vegetable

gardeners--those who garden in beds of some kind and for whom this is the ultimate foundation book, a must-read, and an essential reference. Then there are those who don't garden in beds, for whom it's still a must-read and an essential reference. The full title--How to Grow More Vegetables (and Fruits, Nuts, Berries, Grains, and Other Crops) Than You Ever Thought Possible on Less Land Than You Can Imagine--actually understates the contents. The book is about how to grow pretty nearly all your food and your garden's fertilizer on a modest amount of land. •Carol Deppe, author of • The Resilient Gardener: Food Production and Self-Reliance in Uncertain Times

Based in Willits, California, John Jeavons is the director of Ecology Action, an environmental research and education organization. Jeavons has taken his grassroots solutions global, working with such organizations as UNICEF, Save the Children, and the Peace Corps to solve large-scale hunger by revolutionizing small-scale food production in more than 140 countries around the world. To learn more, visit [www.growbiointensive.org](http://www.growbiointensive.org).

I am an urban farmer. I use this book as a reference more than any of the more than 25 other books I have on the subject of growing fruit & vegetables. The sheer volume of practical information in this book is amazing. It includes not only how to prepare the soil, but at what temperature specific seeds are able to germinate. This means you don't have to plant things several times to get a crop, because you just check the soil temperature and you know whether the seeds will germinate or not. It gives you charts that tell you how close together you can plant each vegetable, how much harvest you can get from a 100 sq. ft. bed, how long it takes a particular vegetable to grow to harvest size, how long the harvest period is for a particular crop, and on and on. It makes suggestions on crop rotation, so that you maintain the fertility of your soil and continue to maximize your harvest. It also gives you suggestions about how much of each crop one person would likely eat in a year, so you know how much to plant. The companion planting suggestions are great. I used to have trouble with tomato worms. Now I plant tomatoes with Calendula, Basil & Borage and no more tomato worms. My tomatoes grow 7-8 feet tall and I have gotten 35 lbs of tomatoes off one tomato plant.

I bought this to replace my old copy that got worn out from use. I have a really extensive agricultural/gardening library, and this is one of the two or three books I could not do without.

This comprehensive book covers all the details needed for organic gardening, from soil

composition, companion plants, timing of planting and harvesting to how to attract and repel birds and insects and keep a healthy balance in the garden.

I purchased this book after a friend highly recommended it. I found myself a little overwhelmed by all of the details in many of the chapters, but several of the chapters were extremely valuable, especially chapter 1 (deep soil creation & maintenance), chapter 6 (companion planting) and chapter 7 (creating and caring for a balanced natural ecosystems with insect life).

The idea of creating a system that requires NO external input is fascinating -- grow vegis, calories, and compost. I didn't appreciate being scolded for wanting to buy peat moss and other off farm inputs, but I can overlook this because Jeavons' ideas kept challenging me. His calculations are a great starting point for many gardens. But, I'm old and impatient. I'll try adopting more of his ideas right after I add all the nice dark bagged compost and peat moss to my desert soil.

This book contains information that will help any person build self sufficiency in a small area. We all should be more and more aware of the impact we have on the planet and do our part to promote a healthier future. I am applying the methods described in the book in hot Florida. The principles hold true.

I got my first copy of Jon Jeavons book back in the 70's. It was a wonderful resource. My copy disappeared about 6 years ago. This book reinforced my belief in the importance of soil and nuturing soil. It greatly expanded my knowledge of the importance of creating a cooperative community of soil materials, soil organisms and companion plants to help grow soil instead of use it up and deplete it, I can't recommend it enough. Its one tool to help make our world more resilient. I bought an new copy to replace my mia copy.

This is a start to finish complete book on all things in the garden. Ive used these methods in Phoenix Arizona and also Salt lake City Utah. With some tweaks it has served well. If you want easy and fast this isn't the book for you. If you love putting time into your garden early and patiently watch it become amazing then check out this resource.

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